

Parkinson Cowan
FIESTA
GAS COOKER

INSTRUCTION BOOK

YOU AND YOUR NEW COOKER – A GREAT TEAM

You'd be amazed how many good cooks use gas – research has shown that it's the preferred fuel for cooking by both professionals and home cooks.

If you've never cooked with gas before, you'll be pleasantly surprised by the speed and economy and how easy it is to use.

You'll also find that food actually tastes better, because gas is a moist heat which means whatever you're cooking in the oven has less chance to dry out.

Now your new cooker's here, you probably can't wait to get cooking, but before you do, take time out to read through this booklet which is designed to help you make the most of all the features of your new cooker. In particular it is important that you read and understand the advice highlighted in ***bold italics***. ***This has been included for you and your family's safety. A cooker becomes hot with use and retains its heat for a long period of time after use. Whilst it has been designed and manufactured to the relevant British Standards care should be taken when either using or cleaning it.***

The cooker is designed to be used by adults to cook edible foodstuffs and must not be used for any other purposes. Children, babies and toddlers should be kept away from the cooker at all times.

Please ensure that you retain this instruction book and make it available to guests etc. who may want to use the cooker. Also pass it on with the cooker if you give or sell it to another user.

The Installation Instructions provided with your cooker give instructions on how and where it can be fitted. If already installed you should satisfy yourself that all requirements have been met, if in doubt check with a competent/authorised person. More details on installation are given on page 17.

FIESTA

CONTENTS	Page
Ignition	2
The hotplate	3
The grill	4
The oven	5
Oven temperature chart	7
Cooking charts	8
Slow cooking	11
Care and Cleaning	15
Installation	17
General information	18
Servicing	21

IGNITION

Ignition of the cooker is by an electric spark system which is powered by a battery. To light the grill or any of the hotplate burners, simply push in then turn the appropriate control knob in an anti-clockwise direction until full on (large flame ▲) is reached, press the ignition button ✱ **wait until the burner has ignited** and then release. Turn down to the required setting.

To light the oven push in and turn the oven control to gas mark 9, press the ignition button, **wait until the burner has ignited** and then release. Turn the control back to the gas mark required.

To turn off any burner, push in and turn the appropriate control in a clockwise direction to the 'OFF' position marked ●, release the control knob. ***Do not leave the cooker until the flame has gone out.***

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THE HOTPLATE

Gas hotplates have always been known and favoured for their speed, controllability and ease of use.

All burners are very easily adjusted between the small (minimum setting) and large (maximum setting) flames as indicated on the control knobs. A wide variety of foods can be cooked on the hotplate, and because a gas hotplate burner is so responsive, the heat can be adjusted instantly. There is no need to slide pans across the hotplate, simply turn the burner off once cooking is completed.

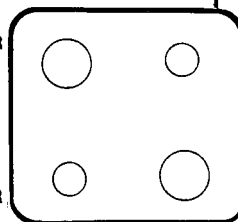
Please note — when the hotplate burners are in use a slight popping may occur, this does not affect the performance.

The hotplate has two sizes of burners to suit different pans and types of cooking. Therefore a variety of pans can be accommodated. The minimum size of pan which should be used is 100mm (4") base diameter and the maximum is 250mm (10") base diameter.

The hotplate has been designed with safety in mind, however normal care in use should be observed. **Do take care to avoid burns and scalds when reaching across the hotplate. Pans with flat bases are more stable than those which are warped. Saucepans with handles which are not excessively heavy, in relationship to the weight of the pan, are safer as they are less likely to tip. Pans which are positioned centrally on burners are more stable than those which are offset. It is far safer to position pan handles in such a way that they cannot be accidentally knocked.**

When deep fat frying fill the pan only one third full of oil. DO NOT cover the pan with a lid and DO NOT leave the pan unattended. In the unfortunate event of a fire, leave the pan where it is and turn off all controls. Place a damp cloth or correct fitting lid over the pan to smother the flames. DO NOT use water on the fire. Leave the pan to cool for at least 30 minutes.

3.20kW
BURNER



1.90kW
BURNER

1.90kW
BURNER

3.20kW
BURNER

THE GRILL

Most foods that are to be grilled benefit from being seared quickly on the outside and then the heat adjusted in order to achieve the desired results.

The grill pan should be positioned on the grill runners. You can reverse the grid to suit different types of food. You can also cook large portions by placing them in the grill pan directly on the base of the compartment **but be careful not to push the pan too far back so that the handle is underneath the burner flames. Use protective gloves as the handle may become hot when the pan is on the base.** The grill pan handle should be used for sliding the pan in and out, be careful **not to touch the metal heat shield just in front of the handle, as this will get hot.** A recess is provided in the inner panel of the grill door to assist handling when the grill pan is in use.

Grilling is becoming a very popular method of cooking in our 'health conscious' society as the fat content of foods such as meat is reduced. Often the addition of fat or oil can be omitted.

Before using the grill open the grill compartment door and leave it open during grilling. Do not close the door until the grill has been turned off and the flame extinguished. When you have finished grilling and the grill is cool store the grill pan on the base and towards the back of the grill compartment. Remove the stored grill pan before lighting the grill.

It is usually unnecessary to pre-heat your gas grill, this saves time and energy. You may wish to pre-heat for just a couple of minutes when cooking meat such as steak.

Foods such as toast, teacakes, and muffins are best if positioned towards the centre of the grid. Those foods requiring less heat e.g. tomatoes and mushrooms can be spaced towards the edge. Arrange meat, meat products and fish to suit their thickness and how you like them cooked.

When you are using the oven you'll find that some heat will rise into the grill compartment so that you can use this area to warm your plates and dishes.

When cleaning never use caustic or spray cleaners and never place combustible materials near the grill.

THE OVEN

The oven is probably the most versatile part of your appliance as it can be used to cook such a wide range of items including stews, custards, cakes and pastries.

Heat Zones

The unique design of your gas oven creates zones of heat within the oven. The temperature on the middle shelf corresponds to the gas mark setting you have chosen, the top of the oven is slightly hotter and the lower shelf slightly cooler. The base of the oven is quite a lot cooler. You can utilise these heat zones by cooking foods requiring different heat settings all at the same time.

If more than one tray of similar items e.g. biscuits or sponges are baked together, the trays should be interchanged during cooking, or the top tray should be removed when cooked and the lower tray moved to the higher shelf to finish cooking.

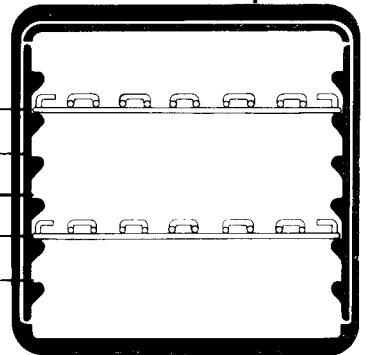
Pre-heating

Pre-heating is unnecessary, this of course makes cooking in a gas oven very economical. The exception to the 'no pre-heat' rule is when cooking sensitive foods such as souffles, Yorkshire pudding and yeast mixtures when a 20 minute pre-heat is adequate.

Oven Shelves

The two oven shelves can be slotted into place in any of 5 positions – simply pull the shelf forward as far as it will go, raise the front edge and lift. To replace in a new position keep the front edge raised, slot the shelf into the runner, lower front edge and slide in. **Ensure that shelves are put in place in the correct way and you use protective gloves when the shelves are likely to be hot.**

The shelf positions are counted from the top downwards and directions for using the various shelf positions are given on the cooking charts on pages 8, 9 and 10. When cooking always try to leave at least one runner position between shelves to allow the heat to circulate properly.



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Baking Trays and Dishes

To allow heat to circulate around the oven it is advisable to leave a 13mm (½") space between all dishes and the sides of the oven.

Cooking dishes, trays etc must never be placed over the burner. Dishes, especially those with tapered sides, should not be pushed too far back as food might burn because it overhangs the burner flames.

The baking tray we supplied with your cooker has been specially designed and tested to suit the size of your oven. Small items may be cooked on this tray and large tins and dishes should not exceed this size.

Position single dishes, cake tins etc. on the centre of the shelf, large items may benefit from being turned during the cooking time.

To help pastry to brown on the underside, cook on a dull flat tinned plate, or providing the plates are flat and have no rim underneath, place on a baking tray to cook.

Plates can be warmed in the oven which should be set to 'S'. **Use protective gloves to remove plates.**

Notes

Under certain conditions condensation may form on the cooker. Condensation is quite normal and forms when moisture and heat is present, e.g. during cooking. A boiling kettle produces steam and similarly when food gets to cooking temperature steam is also produced which condenses on to the cooler surfaces. It is not necessarily caused by extremes of temperature but as a result of one or more of the following:-

1. The cooking temperatures.
2. Temperature of the food when placed in the oven.
3. Moisture present in the food.
4. Quantity of food.
5. The temperature and ventilation in the kitchen.

Ideal cooking conditions are not always available but where possible ensure foods which contain a lot of moisture, e.g. casseroles are covered.

Try to wipe up condensation as it occurs, **use protective gloves if the appliance is hot.**

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OVEN TEMPERATURE CHART

The following chart is intended to be helpful if using a gas oven for the first time or when using a recipe which says 'cook at 350°F' or 'use a moderately hot oven' etc. The temperatures quoted are only a guide they are not actual temperatures in the oven.

The gas marks given are intended as a guide only and it may be necessary to increase or decrease the gas mark to suit individual preferences or requirements.

Please note that whilst the descriptions below may be 'Cool', 'Warm' or 'Moderate', the shelves and cooking dishes will be hot to the touch. Use protective gloves when moving them.

Gas Mark	Approximate Equivalent Electric Oven Setting	Temperature Description
1	275°F - 300°F 140°C	Cool
2	300°F 150°C	Cool
3	325°F 160°C	Warm
4	350°F 180°C	Moderate
5	375°F 190°C	Fairly Hot
6	400°F 200°C	Hot
7	425°F 220°C	Hot
8	450°F 230°C	Very Hot
9	500°F 260°C	Very Hot

COOKING CHARTS

The following charts give guidance for when cooking a number of foods.

However for convenience (to accommodate an extra deep dish for instance) or to brown and cook food to your liking you may alter the shelf position or the gas mark.

Always leave at least one runner position between shelves to allow the heat to circulate properly.

Meat Roasting

Food	Gas Mark	Shelf Position	Cooking Time and Remarks
ROAST MEAT			
Beef	5	4	20 mins. per ½ kg (lb), 20 mins. over
Mutton and Lamb	5	4	25 mins. per ½ kg (lb), 25 mins. over
Pork and Veal	5	4	30 mins. per ½ kg (lb), 30 mins. over
			All joints of meat may be roasted at gas mark 7, and the cooking time adjusted accordingly.
ROAST POULTRY			
Chicken and Turkey	5 or 6	4 or 5	20 mins. per ½ kg (lb), 20 mins. over

For poultry weighing more than 3.5 kg (7 lb); – place in a suitably sized roasting tin – time allowed per kg should be decreased – extra care should be taken to ensure the poultry is thoroughly cooked – during cooking it may be necessary to drain off some of the juices to prevent spillage – poultry should be positioned in such a way that it does not overhang the burner flame or touch the sides of the oven. If diagonal positioning is necessary ensure that the 'neck end' is towards the front of the oven.

Oven Cooking

Food	Gas Mark	Shelf Position	Cooking Time and Remarks
PUDDINGS			
Baked Sponge Puddings	4	3	According to recipe.
Baked Custards	4	3	45-60 mins. Custards should be stood in a water bath whilst cooking.
Milk Puddings	2	3	2-3 hours
Yorkshire Puddings – large	7	2	30-35 mins.
– individual	7	1 or 2	10-15 mins.
PASTRY			
Short Crust:			
Fruit Pie in dish	6	3	According to recipe.
Plate Tarts –			
Single	6	3	35-40 mins. To help pastry brown on underside,
2 together in the oven.	6	2 and 5	50-55 mins. cook on a dull flat tinned plate, or (Interchange providing plates are flat and have after 35 mins.) no rim underneath, place on baking tray to cook.
Jam Tart – large	6	3	25-30 mins.
Jam Tartlets	6	3	15-20 mins.
Rough Puff or Flaky Pastry:			
Meat Pies – cooked filling	7	2	According to recipe.

Oven Cooking

Food	Gas Mark	Shelf Position	Cooking Time and Remarks
YEAST MIXTURES			
Bread - 0.45 kg (1 lb loaves)	7	2 and 5	Interchange during cooking.
- 0.90 kg (2 lb loaves)	7	2 and 5	
Rolls or Buns	7	1 and 2	
BISCUITS			
Brandy Snaps	4	2 and 4	Interchange during cooking. If cooking single trays cook near the centre of the oven.
Flapjacks	3	4	
Shortbread Biscuits	3 or 4	2 and 4	
Shortbread	3	3	
CAKES	A c c o r d i n g t o r e c i p e .		
Very Rich Fruit Cake	2	3	According to recipe.
Rich Fruit Cake	4	3	
Plain Fruit Cake	3	3	20-35 mins.
Madeira Cake	4	2 and 4	
Victoria Sandwich	4	2 and 4	
Fatless Sponge	5	1 and 4	According to recipe. See Notes above on Biscuits.
Small Cakes	7	1 and 4	8-15 mins. See Notes above on Biscuits.
SCONES			
Sweet or Savoury	7	1 and 4	8-15 mins. See Notes above on Biscuits.

SLOW COOKING

The slowset feature enables a variety of foods to be cooked such as soups, stews and casseroles where cheaper, tougher cuts of meat can be made tender, succulent and flavoursome. In addition, delicate food items such as fish, fruits and vegetables also yoghurt and Christmas puddings can be cooked by this long, slow cooking method. Food may be prepared the evening before then left to cook unattended overnight or during the day. There is no topping up of steamers, steam-filled kitchens or checking to see if casseroles have dried-out.

This feature combined with the unique 'heat zoning' in a gas oven allows you to cook a complete meal in the oven using the 'slowset' control. Many foods normally cooked on the hotplate may be cooked in the oven instead. Steamed sponge puddings for example, can be prepared and cooked with a family meal.

There are two methods of using the oven for 'slowset' cooking. These are referred to as method 'A' and method 'B'.

Initial High Temperature Start (Method 'A')

Most foods need to be cooked at gas mark 6 for 30 minutes to begin the cooking process. The oven temperature is then reduced to 'S' and a low gentle heat is used for the rest of the cooking time. (Place food in the oven, cook at gas mark 6 for 30 minutes, reduce to 'S' for remaining time).

Low Temperature Throughout (Method 'B')

Some more delicate foods such as custards require only the very low heat throughout. (Place food in oven, cook on 'S' throughout cooking time).

If cooking dishes together which require both method 'A' and 'B' those requiring method 'B' can be put into the oven after the first 30 minutes of the cooking time has elapsed.

Recipe and Menu Planning

1. Some foods are not suitable for slow cooking, e.g. shortcrust pastry, flaky pastry and biscuits, because the temperature is too low.
2. When planning a complete meal choose dishes compatible in cooking time if the cooker is to be left unattended. Do not open the oven door unless adding or removing dishes during the cooking period.
3. The ingredients may be prepared the evening before and refrigerated overnight. In the morning transfer the ingredients into the cooking dish. By not using a cold dish to cook in, which must be heated through, you will ensure that meat is thoroughly cooked.
4. Cooking times will vary according to personal preference, size and position of dish in oven, quality, size and quantity of food.

Utensils

1. Any oven proof dishes are suitable. The size and shape of the container may affect the cooking time.
2. Cover all food during cooking with a close fitting lid, or aluminium foil to prevent food from drying out. Those foods normally served golden brown can have the cover removed for about the last half hour of the cooking time.

Food Preparation – Slow Cooking

Joints of Meat and Poultry

1. Do not cook meat joints over 2.7 kg (6 lb).
2. Do not cook poultry over 2 kg (4 lb 8 oz).
3. Cook in the middle of the oven or above.
4. Cook stuffing separately.
5. Cook for a minimum of 6 hours.
6. Joints of Pork must only be cooked if you can ensure, by using a meat thermometer, that it has reached an internal temperature of at least 88°C.
7. For good air circulation always stand joints on a rack in the roasting tin or casserole.
8. Frozen meat and poultry must always be thawed before cooking.
9. Prime cuts of Beef and Pork do not benefit from slow cooking.
10. Remove excess fat and skin unless browned first.
11. Cook using method 'A'.

Soups, Casseroles and Stews

1. Brown meat and vegetables first (immediately prior to cooking) or place all ingredients in together.
2. Bring to the boil on the hotplate then cook using method 'B'; or use method 'A'.
3. Do not cook casseroles over 3 kg (6 lb).
4. Foods which require less cooking can be added towards the end of the cooking time.

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Vegetables

1. Cut root vegetables into small pieces unless cooking whole e.g. baked potatoes.
2. All dried beans should be soaked overnight, rinsed and covered with fresh water. Bring to the boil on the hotplate and boil uncovered for 15 minutes before draining and adding to dish.
3. Place vegetables under meat in casseroles.
4. Add a few drops of lemon juice or vinegar to prevent potatoes turning black.
5. Cook using method 'A'.

Preserves

1. Only soften the fruit for jam or marmalade and then boil on the hotplate.
2. Chutney may require boiling on the hotplate after cooking to thicken.

Steamed Sponge Puddings

1. Cover the pudding with a circle of greased, greaseproof paper then with foil. Stand the prepared pudding in a pyrex basin containing enough water to come half way up the sides of the pudding. Wrap the basin and the pudding in foil, sealing the edges well so that no steam can escape.
2. Cook using method 'B'.

Milk Puddings

Just cover the cereal with boiling water, allow to stand for 30 minutes. Drain, make the pudding in the normal way, cook uncovered using method 'A'.

Meringues

1. Cook towards the bottom of the oven i.e. shelf 5 or the base.
2. Cook using method 'B'.

Fruit

1. All fruit dishes should be cooked on shelf position 5 or on the base of the oven.
2. Cook using method 'B'.

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General Points

Frozen Food

– all food must be COMPLETELY THAWED before preparing for slow cooking.

Thickening

– toss meat in flour for casseroles
– blend cornflour or flour with water and add to dishes at the end of cooking.

Flavouring

– experiment with flavourings and seasonings because there is little evaporation so flavours are retained, if necessary adjust at the end of the cooking time.

Liquid

– reduce normal liquid quantities slightly as there is little evaporation during cooking.

Milk and Milk Products e.g. Cream

– add towards the end of cooking.

Reheating

– left over food should be cooled quickly and refrigerated.
Food should not be reheated using the slow cook feature.
– food must only be reheated once.

CARE AND CLEANING

Please remember that for hygiene and safety reasons, this appliance should be kept clean. A build up of fats or other foodstuffs could result in a fire.

Try and mop up any spills and splashes as soon as they happen, **but be careful as parts of the appliance will be hot – use protective gloves.** If your cooker needs a really good clean from hardened spills let it cool down.

Do not use any polishes, caustic cleaners, abrasives, washing soda or soap powder, except as recommended in this booklet. If you own a dishwasher please refer to the operating instructions for the machine before washing any part of your cooker.

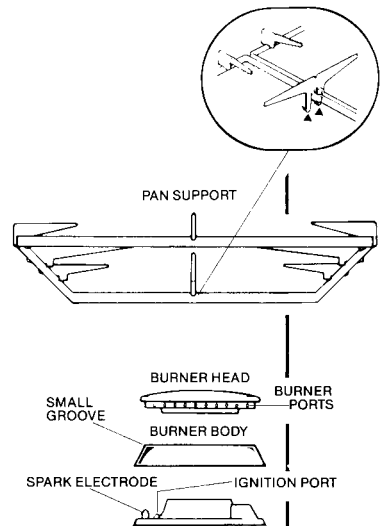
Clean your cooker regularly using hot soapy water, then rinse it and polish dry using a soft cloth.

If you remove parts of the cooker for cleaning don't subject them to 'thermal shock' that is, don't plunge them into water, before they're cooled.

The Hotplate

The hotplate top can be cleaned using mild abrasives, but take care not to damage the spark electrodes.

Please Note – The pan supports, burner heads and bodies can be removed for cleaning, but again, take care not to damage the spark electrodes. Wash these parts often in washing-up liquid, diluted with hot water, mild abrasives may be used. Ensure that the electrode, ignition port, small groove and burner ports are free from cooking and cleaning deposits. Remove stains from the burner bodies by soaking in hot water, then scouring them with a soap filled wire wool pad such as 'Brillo'. If you look after the burner bodies in this way, they will stay reasonably clean, but the surface will dull with use. Dry all parts thoroughly before replacing. After you put them back, **light the burner to make sure that it is operating correctly. The pan support must be positioned as shown with the extended feet back to back.**



The Grill

Clean the grill compartment frequently using hot soapy water. The grill pan can be cleaned using mild abrasives.

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The Oven

The inside of the oven and the shelves can be cleaned using mild abrasives.

You can help avoid spills by standing pies, casseroles etc., on a baking tray during cooking.

The vitreous enamelled roof can be removed by sliding it forward. After cleaning ensure that the roof is replaced and pushed back as far as it will go, make sure that the slot is positioned towards the front.

Please note — incorrect positioning of the oven roof will affect the cooking performance.

Special Oven Linings (Optional Extra)

The linings are finished in a special enamel which helps to reduce oven cleaning. They are available from your supplier. Please quote part number E0157A0 when ordering.

INSTALLATION

In the interest of safety this appliance must be installed and/or serviced by a competent person as stated in the Gas Safety (Installation and Use) regulations 1984.

It is important that the appliance is suitable for your gas supply. Your installer should check the data badge at the rear of the cooker.

Ensure that a stability bracket is fitted.

Cooker Dimensions (nominal)

Width 500mm (20")

Depth 600mm (23¾") To front of grill door

Height to hotplate 900mm (35½")

Location

All gas appliances require adequate ventilation. Your installer will advise if in doubt.

The appliance may be located in kitchen, kitchen/diner or bedsit but not in a room containing a bath or shower. It should be installed in a room of volume not less than 6m³ or a bedsit of volume not less than 21m³.

Positioning

Shelves and wall cabinets must not be fitted closer than 787mm above the hotplate. Wall cabinets fitted in line with base units which are adjacent to the cooker must be at least 400mm above the base units. Inflammable materials such as curtains and wallpaper must not be fitted within 300mm of the rear vent panel. If a cooker hood is to be fitted please refer to the installation instructions for the hood. The appliance may be flush fitted to adjacent cupboard units below hotplate level but a 2mm gap at either side may be needed to allow movement for cleaning.

The levelling feet fitted to the cooker will allow a height adjustment between 895mm and 915mm (measured to hotplate). ***If your kitchen cabinets are higher than 915mm a height adjustment kit must be fitted***, allowing the height to be raised to 925mm. The kit is available, free of charge, from Parkinson Cowan Limited. When ordering please quote part number D2733A0 and G.C. number 073 468.

Base units which are above the height of the hotplate should be 114mm away.

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GENERAL INFORMATION

A gas cooker relies on the movement of air for heating. ***Under no circumstances must any of the appliance vents be obstructed. Never line any part of the appliance with aluminium foil.***

Combustible materials or electric mains leads should not be allowed to trail over any part of the cooker.

Moving Your Cooker

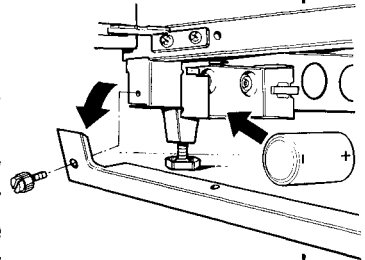
Some soft or badly fitted floor coverings can be damaged when the cooker is moved across their surface for cleaning. It is advisable to ensure that the floor covering in the area below the cooker is either securely fixed so as not to ruck up when the cooker is moved or, if preferred, removed.

A stability bracket must be fitted to engage in the back of the appliance when it is standing in its normal working position. Whenever the appliance is moved, it should be repositioned correctly to engage the bracket. Care should be taken not to stress the flexible hose. This appliance is heavy and care must be taken when moving it.

The Battery

The battery which operates the ignition will normally last for many months. If, at some time the ignition system fails to operate when the ignition button is pressed, the battery probably needs replacing.

Open the oven door, remove the plinth by unscrewing the two plastic screws, using your fingers. Replace the battery according to the diagram, use one R20 battery. As a temporary measure the burners may be lit with a match.



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SERVICING

If your appliance fails to operate correctly, according to the instructions given in this book, arrange for it to be serviced by a competent engineer.

Under no circumstances should you attempt to repair the appliance yourself. Repairs carried out by unauthorised or inexperienced persons may cause injury or more serious malfunctioning. Maintenance work must not be carried out by any other than a competent person. It is dangerous to alter the specification or modify the product in any way.

Service and spares are provided by your supplier and not direct from our factory. Failure to use manufacturer's original spares could invalidate normal B.S.I. certification of the cooker. As far as possible, try and describe the nature of the fault when reporting it to your supplier, and always give your cooker's full name, serial number and G.C. number which can be found on the reference badge which can be seen when the oven door is opened.

Make a note of this information in the space provided:-

Name:

Serial Number:

G.C. Number:

This handbook is accurate at the date of printing, but will be superseded if specification or appearance are changed in the interests of continual improvements.

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